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Tanja Köhler, Nicole Pfeiffer

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## The Author

**Tanja Köhler**, born in 1968, lives at the foot of the Swabian Alb. The multi-award-winning psychologist, bestselling author and systemic counsellor has been practising as a coach for over 20 year. She loves good conversation, delicious cappuccino and long walks in nature with her dog.



## The Illustrator

**Nicole Pfeiffer** is not only a graphic designer but also a book designer and lecturer in illustration. She has worked for various publishers for many years and lives in Hamburg.